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Chicken Stroganoff

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I am very traditional when it comes to stroganoff recipes, but this might be my new favorite version.

Prep Time 10 minutes
Cook Time 35 - 40 minutes
Serves 4

Ingredients

3 Tbls Olive oil
3 Chicken Breast cut into ¼"-½" strips
1 tsp Fiesta Seasoning
1 small onion diced
1 cup sliced mushrooms
2 cloves of minced or pressed garlic
2 Tbls butter
2 tbls flour
1-1/4 cup chicken stock
1/8 tsp cayenne pepper (optional)
1 Tbls Worcestershire
1/2 cup Sour Cream

- 1. Heat 1 tablespoon of oil over medium heat, add chicken breast season with Fiesta Seasoning. Cook until thoroughly cooked. Remove from pan onto a plate leaving as much fat as possible.
- If needed, add enough oil to make about 2 tablespoon. Cook onions until translucent and mushrooms are tender. Stir in garlic a few minutes before onions and mushrooms are finished. Remove the onions and mushrooms; add to same plate as the chicken.
- 3. Melt butter and stir in flour until smooth and frothy. I like to cook it a bit longer to give the butter and flour a richer color and taste, just be careful not to burn it.

 Add chicken stock and stir until thickened.
- 4. Stir in the cayenne pepper and Worcestershire sauce. Add the chicken, onions, and mushrooms and cook through.
- 5. Remove from heat and stir in the sour cream.
- 6. Serve over egg noodles or rice.

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French's Meat Shoppe

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